



Nine Feng Shui Tips for Inner Balance:

Using the Feng Shui Ba-Gua for Focused Intention

1. CAREER - Placing a wind chime by your front door can attract new business opportunities into your life. (Ring in opportunities!)
2. KNOWLEDGE - Look at knowledge as an easy area to practice the "Law of Giving and Receiving". Share your knowledge with someone who will appreciate the information you share with them, for "as you give, so shall you receive".
3. FAMILY - This is the area of your ancestors/parents. Placing pictures of your ancestors or celebrating your cultural heritage can remind you of the many blessings you have been given.
4. WEALTH - Placing a moving water feature in this area of the Ba-gua is an excellent way to increase your awareness of the "flow" of life. This area is not just about money — it's the real "riches of life".
5. FAME - Do you have personal and professional Mission Statements? Display them in this area. Words leave lasting images. Become aware of the words you use to describe yourself and all the people in your life. The energy of your reputation resides in this area.
6. PARTNERSHIP - If your heart dreams of romance, the placement of a round mirror or two pink candles in your bedroom can help in this area. This is also a great location to place an altar to support the energy of your spiritual Source.
7. CHILDREN - The energy of children, grandchildren and all the qualities associated with children, as well as your creativity, reside here. Create a sense of child-like wonder in and around this area.
8. HELPFUL PEOPLE - Want to travel? First, clear the clutter in this area. Then put up pictures of places you long to visit or an object that represents it like a miniature Eiffel Tower or a pyramid.
9. HEALTH - The center of your home, as well as each room, is the heart-center of health energy. Plants in this area can help in all aspects of health - physical, mental, emotional and spiritual. Living plants are preferred. Definitely remove dried floral arrangements (dead flowers) from this area. Silk plants are a good alternative if living plants don't work for some reason.

The 2 biggest challenges we find in Feng Shui are areas of clutter and large amounts of electronic equipment. De-cluttering and organizing helps the "flow of chi or energy" move appropriately. Too many electronic items in a room, especially a bedroom, will negatively impact the occupants' health physically, mentally, emotionally and spiritually.

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